

AMENDMENTS TO THE SPECIFICATION AND ABSTRACT:

Please replace the paragraph of the substitute specification beginning at page 26, line 8, with the following rewritten paragraph:

Figs. 14 and 15 show a polishing member 301 having an indicator 306 provided in spiral grooves 302. The indicator 306 indicates that the spiral grooves 302 have reached a limit of their appropriate depth as a result of polishing. The indicator 306 is imparted with a color different from that of the polishing member. In the example of Fig. 14, the indicator 306 is provided only at a bottom of an outermost spiral groove 302. In the example of Fig. 15, a plurality of indicators 306 are provided at bottoms of all the spiral grooves 302. By this arrangement, an extent to which the polishing member is polished or worn, and hence an extent to which the spiral grooves are polished or worn, can easily be observed.